

Faithwalkers Walking Group Walk – Risk Assessment

Use this risk assessment to help you understand the risks and any steps you need to take to stay safe before leading a group walk. Please complete and keep a copy for every walk. Copies should be kept for 1 year after the date of the walk.

Walk Leader	David & Elva	Date of walk	24/10/20
Start of Walk	Car Park of Ingham Village Hall	Date of risk assessment	16/10/20
		Date of recce	26/08/20

Possible hazards	Who might be harmed and how?	Ways to control the risk	Action taken? (click on the box to tick)
Transmission of COVID-19 through close contact / meeting other people	Walkers, members of the public – risk of spreading COVID-19	Plan the walk for a less busy time.	<input type="checkbox"/>
		Avoid particularly busy or narrow routes where physical distancing is not possible.	<input type="checkbox"/>
		Give clear information about booking to limit the group size. Maximum group size is 30.	<input type="checkbox"/>
		Remind walkers beforehand of the travel guidelines, <ul style="list-style-type: none"> Car sharing is only permitted where the walkers are from the same social bubble or family Walkers shall make there way to the start of the walk either by car or public transport Where public transport is used, face masks shall be used 	<input checked="" type="checkbox"/>
		Advise walkers at the start of the walk to maintain physical distancing from others – this is everyone's responsibility.	<input checked="" type="checkbox"/>
		Advise walkers what to do at any pinch points or road crossings to maintain physical distancing.	<input checked="" type="checkbox"/>
		Carry a face covering in case of incidents.	<input checked="" type="checkbox"/>
		Ensure you have a record of who attended the walk.	<input checked="" type="checkbox"/>
Transmission of COVID-19 through touching gates, stiles, fences or equipment	Walkers, members of the public – risk of spreading COVID-19	Avoid touching gates and path furniture where possible.	<input checked="" type="checkbox"/>
		Suggest walkers bring hand sanitiser and/or wear gloves.	<input checked="" type="checkbox"/>
		Advise walkers not to share food, drink, or equipment such as walking poles.	<input checked="" type="checkbox"/>

Possible hazards	Who might be harmed and how?	Ways to control the risk	Action taken? (click on the box to tick)
Bad weather (including extreme temperatures)	Walkers – risk of illness and injury, risk of the group being stranded	Check the weather forecast and postpone/cancel if necessary. Advise walkers to bring suitable clothing and items for the conditions.	<input checked="" type="checkbox"/>
		Make a note of 'escape routes' on the recce.	<input type="checkbox"/>
Busy roads	Walkers – risk of vehicle collisions	Walk on verge where available and use suitable crossing places.	<input checked="" type="checkbox"/>
Steep, slippery or muddy sections.	Walkers – risk of trips/slips	Advise walkers to bring suitable footwear for the conditions.	<input checked="" type="checkbox"/>
Livestock	Walkers – risk of injury	Cross fields with livestock calmly and quietly, keeping the group together. Be prepared to divert around livestock if necessary.	<input type="checkbox"/>
	Risk of property damage if livestock escape	Follow the Countryside Code (England & Wales) and Access Code (Scotland). Leave <u>gates and property as you find them</u> .	<input type="checkbox"/>
Cliffs or sheer drops	Walkers – risk of falls	Check paths are suitable for a group to use safely and make changes if necessary.	<input type="checkbox"/>
		Follow any local warnings or signs and advise walkers to keep away from the edge.	<input type="checkbox"/>
Track & Trace	All	All walkers partaking on the walk are required to partake in the track and trace, ideally by filling in the online form, http://burtonroadmethodist.org.uk/track-trace-faithwalkers/ Data is kept for 21 days before being deleted as per government guidance. A paper copy can be kept should participant not have computer access.	
Risk Assessments	Leaders	All leaders are required to do a risk assessment for each walk and submit to Burton road Methodist Church for adding to the system, all RA's will be online for reference. They are kept for 1year as outlined above.	
(Please add more lines if needed)		The following risks are on this walk:- -Walking along minor roads and the B1398 – follow the Highway Code and walk on verge when possible -Ploughed fields and muddy tracks – appropriate footwear to be worn	

How to carry out a risk assessment

This template is a tool to help you plan and lead group walks safely. You must do a risk assessment for each walk.

- Use the template to assess whether your group walk is safe to go ahead.
- We've included suggestions for the ways to control the risks – **you do not need to tick every box**. The important thing is to identify the potential hazards and note the actions you will take to reduce the risk.
- It's important to carry out a risk assessment **before** the walk takes place. You should start filling it out when planning your walk and update it with any extra hazards that you notice on your recce.
- Think about the different types of hazards and risks. We've included some common examples but think carefully about your own walk in case anything needs adding.

Examples of other risks might include:

- Flooded paths, after heavy rain
- Incoming tide for coastal routes
- Unexploded ordnance (if walking on a right of way across a military site)

This isn't an exhaustive list, so think carefully about any specific risks you may encounter on your walk.

- Next, consider the steps you can take to minimise the risk. Remember that this may sometimes mean changing your original plan. For example:
 - I will recce the route again to check whether the paths are flooded, and plan an alternative if necessary
 - I will check the local tide times and adjust the walk start time
 - I will read the local warning signs on my recce and advise walkers about the risks in my welcome briefing

This guidance has been adapted from the Ramblers association as they are the leading authority for walking in the UK.

<https://www.ramblers.org.uk/volunteer-zone/coronavirus.aspx>

Your volunteering & COVID-19

Due to COVID-19, there are extra steps we need to take to organise and lead group walks safely.

It's **essential** for all volunteers to consider the following questions, when deciding whether to take part in Faithwalker activities:

Do you (or does someone else from your household) have COVID-19 symptoms?	<p><i>If so, you should self-isolate for 7 days. If another person in your household has symptoms, you should self-isolate for 14 days.</i></p> <p><i>You must not take part in Faithwalker activities during this time.</i></p> <p><i>Symptoms include a high temperature, a new continuous cough and the loss, or a change to your sense of smell or taste. Find out more about COVID-19, and what you should do if you have symptoms on the NHS website in England, Wales or Scotland.</i></p>
Are you 'clinically vulnerable'?	<p><i>If you (or someone you live with) are at higher risk of getting seriously ill from coronavirus, you should take extra care to minimise contact with others from outside your household.</i></p> <p><i>Taking part in a Faithwalker activity may put you and those around you at higher risk. It may not be the right decision at this time.</i></p> <p><i>Remember – everyone over 70, and those with certain underlying health conditions are considered to be 'clinically vulnerable'. You can find more information from the NHS in England, Wales or Scotland.</i></p>