

Stress Reduction Kit



Directions:

1. Place kit on FIRM surface.
2. Follow directions in circle of kit.
3. Repeat step 2 as necessary, or until unconscious.
4. If unconscious, cease stress reduction activity.

Church & Community Development Worker News

April 2010

Dear friends,
Sorry, I couldn't find anything with
Step 1 Please take one step forward.
Step 2 Please take two steps back.
Repeat until Jesus returns.

First the Good News, **HE IS COMING!**

Second is this, the teams I work with, are coming under sustained attack. With people leaving, becoming ill or just plain tired with the fight. This is pretty much a reflection of the Circuit really. Still there are signs of growth & blessing. In this week alone God has opened the heart of one of those I work with, opening themselves for healing for things long since past, but carried inside. Please pray that God's healing & Love would continue to affect the behaviour of those being healed.

In my work, one of my priorities is to tell & show that God is near & Loves every one of us. The difficulty is, Lord, Show us what that kind of Church should look like, as MESSY Church doesn't seem confined to Fresh expressions.

How do we work with those who don't fit the box?

How can we encourage change, without being judgemental?

Is it that God loves them just the way they are,

& it's us that wants to see change?

Still 'Fight the good fight'!

IHS Peter Reast